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***Family Dental Practice***

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## Post operation Denture Handout

- Please leave your dentures in until you return to our office tomorrow. At that point we will remove them for you.
- It is normal and expected to develop sore spots and or bone spurs. Please call our office when this happens so that we can make any necessary adjustments. This will get better with time.
- Be sure to take out your denture and place it in the denture bath at bedtime (except for the first night). This allows the tissue to breath.
- Prior to placing them in a bath clean your dentures by brushing the inside and outside with toothpaste. For the bath use a cleanser such as Polident.
- Please keep the denture wet, either in your mouth or in a water bath. If they dry out they may warp.
- If buildup occurs, you may occasionally soak it for 20 minutes in vinegar and then brush the deposits off.
- Over time the dentures may become loose and need to be relined. If they are new dentures, it is best to wait 8-12 months before doing this.
- **We would like to see you annually for an oral cancer screening and to check the health of your dentures.**
- If you have any questions or concerns, please contact our office at: 314-968-2483

